




The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

**This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call Zenith at 1-800-251-5014. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.dol.gov/ebsa/healthreform.com](http://www.dol.gov/ebsa/healthreform.com) or call 1-800-251-5014 to request a copy.

Important Questions	Answers	Why This Matters:
<p><b>What is the overall deductible?</b></p>	<p>\$200/Individual</p>	<p>Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u>, each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>.</p>
<p><b>Are there services covered before you meet your deductible?</b></p>	<p>Yes. Routine physical exams, <u>preventive care</u> from contract <u>providers</u>, hearing aids, LiveHealth Online visit and outpatient prescription drugs are covered before you meet your <u>deductible</u>.</p>	<p>This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u>. See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a></p>
<p><b>Are there other deductibles for specific services?</b></p>	<p>No.</p>	<p>You don't have to meet <u>deductibles</u> for specific services.</p>
<p><b>What is the out-of-pocket limit for this plan?</b></p>	<p>Medical <u>plan</u> contract <u>providers</u>: \$5,000/individual, \$11,000/family. Medical <u>plan</u> non-contract <u>providers</u>: \$10,000/individual. <u>Prescription drugs (in-network)</u>: \$1,600/individual, \$2,200/family</p>	<p>The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u>, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.</p>
<p><b>What is not included in the out-of-pocket limit?</b></p>	<p>Medical <u>Out-of-Pocket Limit</u> does not include <u>premiums</u>, <u>balance-billing</u> charges, dental &amp; vision <u>plan</u> expenses, <u>prescription drugs</u>, penalties for failure to obtain <u>preauthorization</u>, amounts over the reference-based price for certain surgeries, amounts for certain treatment at Non-Center of Medical Excellence facility, health care this <u>plan</u> doesn't cover and Non-Contract <u>provider copayments</u> and <u>coinsurance</u>. <u>Prescription Drug Out-of-Pocket Limit</u> does not include medical expenses, <u>premiums</u>, <u>balance-billing</u> charges, dental and vision <u>plan</u> expenses, penalties for failure to obtain</p>	<p>Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>.</p>

Important Questions	Answers	Why This Matters:
	<u>preauthorization</u> , amounts over the max for PPI drugs, health care this <u>plan</u> doesn't cover, and Non-Participating Pharmacy expenses.	
<b>Will you pay less if you use a <u>network provider</u>?</b>	Yes, for contract <u>providers</u> in California, see <a href="http://www.anthem.com/ca">www.anthem.com/ca</a> or call 1-800-810-2583. For a list of Blue Card <u>providers outside the state of California</u> , see <a href="http://www.bluecares.com">www.bluecares.com</a> or call 1-800-810-2583. For alcoholism or chemical dependency <u>providers</u> , call the Assistance Recovery Program (ARP) at (800) 562-3277. For hearing aids, call (888) 432-7464 or (800) 442-8231.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
<b>Do you need a <u>referral</u> to see a <u>specialist</u>?</b>	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Contract Provider (You will pay the least)	Non-Contract Provider (You will pay the most)	
<b>If you visit a health care <u>provider's</u> office or clinic</b>	Primary care visit to treat an injury or illness	LiveHealth Online: \$15 <u>copayment/visit</u> , <u>deductible</u> does not apply. Office visit: 25% <u>coinsurance</u> .	Online visit: Not covered. Office visit: 25% <u>coinsurance</u> plus <u>balance billing</u>	None.
	<u>Specialist</u> visit	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	None.
	<u>Preventive care/screening/Immunization</u>	No charge.	Routine physical exam (employee and spouse only): No charge except <u>balance billing</u> . Mammogram, Pap smear, colorectal cancer <u>screening</u> , immunizations: 25% <u>coinsurance</u> plus <u>balance billing</u> . All other <u>preventive services</u> : Not covered.	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Contract Provider (You will pay the least)	Non-Contract Provider (You will pay the most)	
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	Free-standing laboratory: No charge. All other: 25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	None.
	Imaging (CT/PET scans, MRIs)	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	Preauthorization by American Imaging Management is required for Cat Scan, MRI, Nuclear Cardiology, PET scan and echocardiography if you are not Medicare eligible.
<b>If you need drugs to treat your illness or condition</b> More information about <u>prescription drug coverage</u> is available at <a href="http://www.optumrx.com">www.optumrx.com</a>	Generic drugs	Retail: \$10 <u>copayment</u> /script. Mail order: No charge	You pay 100% of the cost of the drug at purchase and must send a claim to OptumRx. Your reimbursement will be limited to the contracted amount a participating pharmacy would have charged less the <u>copayments</u> shown for generic and brand name drugs.	<ul style="list-style-type: none"> <li>• Retail pharmacy 34-day supply; Mail order pharmacy 100-day supply.</li> <li>• Compound Drugs are subject to the brand name drug \$35 copay (those that cost more than \$150 will be subject to review).</li> <li>• For PPI drugs (primarily used for acid reflux), you are responsible for the difference between the cost of the drug and the benefit maximum of \$30 for retail or \$90 for mail order.</li> <li>• If the cost of the drug is less than the copay, you pay drug cost.</li> <li>• Some drugs are subject to step therapy, quantity limits and <u>preauthorization</u>. For example, compounded drugs that cost more than \$150 are subject to <u>preauthorization</u>.</li> <li>• No charge for FDA-approved generic contraceptives (or brand name if generic drug is medically inappropriate).</li> <li>• The difference in price between generic and brand name drugs does not count toward the <u>prescription drug maximum Out-of-Pocket limit</u>.</li> </ul>
	Preferred brand drugs	Retail: \$15 <u>copayment</u> /script. Mail order: \$10 <u>copayment</u> /script		
	Non-preferred brand drugs	Retail (including all compound drugs): \$35 <u>copayment</u> /script plus difference in price between generic and brand drug (unless <u>provider</u> specifies “no generic substitution”). Mail order: \$40 <u>copayment</u> /script		
	<u>Specialty drugs</u>	Generic: 20% <u>coinsurance</u> up to a \$50 max <u>copayment</u> /script, Brand Preferred: 20% <u>coinsurance</u> up to a \$100 max <u>copayment</u> /script, Non-Preferred: 20% <u>coinsurance</u> up to a \$200 max <u>copayment</u> /script	Not covered.	Call OptumRx at (855) 672-3644 for information on <u>Specialty drugs</u> .

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Contract Provider (You will pay the least)	Non-Contract Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus any amount over the per surgery maximum of \$500 (maximum does not apply if you are eligible for Medicare)	<ul style="list-style-type: none"> <li>If you are not Medicare eligible, <u>preauthorization</u> by Anthem is required.</li> <li>If you are not Medicare eligible, a max of \$6,000 is payable for arthroscopy, \$2,000 for cataract surgery and \$1,500 for colonoscopy for the hospital facility charge.</li> <li>Charges over these limits do not count toward the <u>out-of-pocket limit</u>.</li> <li>Semi-private room, intensive care unit or cardiac care unit covered.</li> </ul>
	Physician/surgeon fees	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	None.
If you need immediate medical attention	<u>Emergency room care</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	Professional/physician charges may be billed separately.
	<u>Emergency medical transportation</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	
	<u>Urgent care</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	
If you have a hospital stay	Facility fee (e.g., hospital room)	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	<ul style="list-style-type: none"> <li>If you are not Medicare eligible, <u>preauthorization</u> by Anthem is required.</li> <li>If you are not Medicare eligible, a max of \$34,000 is payable for a routine hip or knee replacement surgery for the hospital facility charge. Charges over these limits do not count toward the <u>out-of-pocket limit</u>.</li> <li>No benefits for any organ and tissue transplants or bariatric surgery performed at a hospital or facility that is not an Anthem Blue Cross Center of Medical Excellence (CME) or a Blue Distinction Center.</li> </ul>
	Physician/surgeon fees	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	None.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Contract Provider (You will pay the least)	Non-Contract Provider (You will pay the most)	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	LiveHealth Online: \$15 <u>copayment</u> , <u>deductible</u> does not apply. Office visits and other outpatient services: 25% <u>coinsurance</u> .	25% <u>coinsurance</u> plus <u>balance billing</u>	Chemical dependency services are not covered for dependent children.
	Inpatient services	25% <u>coinsurance</u>	25% <u>coinsurance</u>	<ul style="list-style-type: none"> <li>• Mental Health: If you are not Medicare eligible, <u>preauthorization</u> by Anthem is required.</li> <li>• Chemical Dependency: If you are not Medicare eligible, <u>preauthorization</u> by ARP is required.</li> <li>• Chemical dependency services are not covered for dependent children.</li> </ul>
<b>If you are pregnant</b>	Office visits	No charge.	25% <u>coinsurance</u> plus <u>balance billing</u>	<ul style="list-style-type: none"> <li>• <u>Cost sharing</u> does not apply for <u>preventive services</u>.</li> <li>• Depending on the type of services, <u>coinsurance</u> may apply.</li> <li>• Maternity care may include tests and services described somewhere else in the SBC (i.e., ultrasound).</li> </ul>
	Childbirth/delivery professional services	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	<u>Preauthorization</u> by Anthem is required only if hospital stay is longer than 48 hours for vaginal delivery or 96 hours for C-section.
	Childbirth/delivery facility services	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	None.
	<u>Rehabilitation services</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	Outpatient physical and occupational therapy maximum of 40 visits/calendar year (combined with chiropractic care).
	<u>Habilitation services</u>	Not covered	Not covered	You must pay 100% of this service, even in- <u>network</u> .
	<u>Skilled nursing care</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	Maximum of 100 days/confinement.
	<u>Durable medical equipment</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	<u>Preauthorization</u> is recommended for equipment costing over \$500.
	<u>Hospice services</u>	25% <u>coinsurance</u>	25% <u>coinsurance</u> plus <u>balance billing</u>	Covered if terminally ill.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Contract Provider (You will pay the least)	Non-Contract Provider (You will pay the most)	
<b>If your child needs dental or eye care</b>	Children's eye exam	\$7.50 <u>copayment</u> /exam	\$7.50 <u>copayment</u> /exam plus any amount over \$45	Vision coverage is available under a separate vision <u>plan</u> . Your <u>cost sharing</u> does not count toward the medical <u>plan's out-of-pocket limit</u> .
	Children's glasses	No charge	Any amount over \$34	
	Children's dental check-up	No charge	No charge except <u>balance billing</u> .	Dental coverage is available under the low option or high option separate dental <u>plan</u> . Your <u>cost sharing</u> does not count toward the medical <u>plan's out-of-pocket limit</u> .

**Excluded Services & Other Covered Services:**

<b>Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <u>excluded services</u>.)</b>		
<ul style="list-style-type: none"> <li>• Cosmetic surgery</li> <li>• <u>Habilitation services</u></li> </ul>	<ul style="list-style-type: none"> <li>• Long-term care</li> <li>• Private-duty nursing</li> </ul>	<ul style="list-style-type: none"> <li>• Routine foot care</li> <li>• Weight loss programs (except as required by the health reform law)</li> </ul>
<b>Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)</b>		
<ul style="list-style-type: none"> <li>• Acupuncture (up to 16 visits/treatment series)</li> <li>• Bariatric Surgery (if <u>preauthorized</u> as <u>medically necessary</u>)</li> </ul>	<ul style="list-style-type: none"> <li>• Chiropractic care (up to 40 visits per year combined with physical/occupational therapy)</li> <li>• Dental care (Adult) (available only through a separate dental <u>plan</u>)</li> <li>• Hearing aids (100% up to \$1,350/ear every 4 years)</li> </ul>	<ul style="list-style-type: none"> <li>• Infertility treatment (only services to diagnose are covered)</li> <li>• Non-emergency care when traveling outside the U.S.</li> <li>• Routine eye care (Adult) (available only through a separate vision <u>plan</u>)</li> </ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact Zenith at (800) 251-5014. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this plan provide Minimum Essential Coverage? Yes**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al (800) 251-5014.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (800) 251-5014.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (800) 251-5014.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne' (800) 251-5014.

\_\_\_\_\_ *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* \_\_\_\_\_

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible                    \$200
- Specialist coinsurance                            25%
- Hospital (facility) coinsurance                    25%
- Other coinsurance                                    25%

**This EXAMPLE event includes services like:**  
Specialist office visits (*prenatal care*)  
Childbirth/Delivery Professional Services  
Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,800</b>
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**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$200
Copayments	\$30
Coinsurance	\$2,000
<i>What isn't covered</i>	
Limits or exclusions	\$10
<b>The total Peg would pay is</b>	<b>\$2,240</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible                    \$200
- Specialist coinsurance                            25%
- Hospital (facility) coinsurance                    25%
- Other coinsurance                                    25%

**This EXAMPLE event includes services like:**  
Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,400</b>
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**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$200
Copayments	\$950
Coinsurance	\$240
<i>What isn't covered</i>	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,410</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The plan's overall deductible                    \$200
- Specialist coinsurance                            25%
- Hospital (facility) coinsurance                    25%
- Other coinsurance                                    25%

**This EXAMPLE event includes services like:**  
Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$200
Copayments	\$0
Coinsurance	\$430
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$630</b>